



CALIFORNIA DEPARTMENT OF

Mental Health

Memorandum

To: All Staff
Metropolitan State Hospital

Date: May 12, 2010

From: Long Term Care Services

Telephone: (916) 654-2413

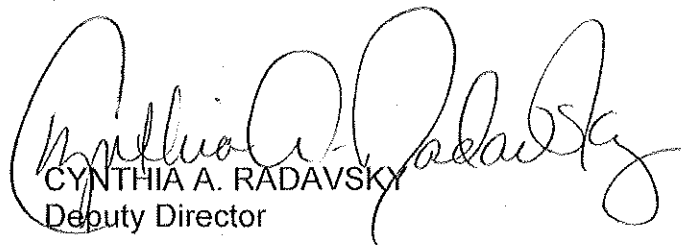
Subject: SECLUSION AND RESTRAINT PROGRAM

This memorandum is to commend you for your participation with the seclusion and restraints (S/R) program at Metropolitan State Hospital (MSH). Use of S/R to manage assaultive behavior subjects individuals in treatment and staff to the risk of harm and can rob individuals of dignity. Under the leadership of a new Executive Management Team, the dedicated employees at MSH initiated a S/R reduction program in 2006. These efforts were implemented and embraced by all staff which led to a dramatic decrease in S/R and a corresponding reduction in staff injuries.

By the end of 2009, seclusion was nearly eliminated and restraint events were down by 94%. Between 2005 and 2008, staff injuries due to S/R and assaults were reduced by 71% and 58%, respectively. Due to the success shown at MSH, elements of the S/R program, including a training manual, have been shared with the entire state hospital system.

Thank you for achieving phenomenal results towards the treatment of the individuals and making your work environment a safer place.

Keep up the great work!


CYNTHIA A. RADAUSKY
Deputy Director